



Ref:	DCC RACovidv.1	<b>Covid19 Specific Risk Assessment</b>	Risk Assessor:	Club Secretary
Date:	14 <sup>th</sup> Sept 2020	<b>Droitwich Cycling Club Group Rides</b>		<i>mm hand</i>

<b>Riders</b>	<b>Estimated Number:</b> Groups of 6	<b>Ability :</b> All	<b>Age :</b> 16+
<b>Route</b>	<b>Approx distance :</b> 10 – 100 miles	<b>Approx height gain :</b> 500 – 9000 feet	
	<b>Other users:</b> pedestrians, road users, horses		
	<b>Routes:</b> Various - See Facebook ride post for further details and full ride description		

This risk assessment is a specific extension to the risks identified within DCC General Club Group Rides risk assessment and has been performed to assess the specific risks associated with Covid-19.

**Duty of Care:** It is important to remember that individual riders have a duty of care not only to themselves but also to members of the public and other persons with whom they are riding. The duty of care requires you to consider the consequences of your acts and omissions and to ensure that those acts and/or omissions do not give rise to a foreseeable risk of injury to any other person. Riders should personally assess the risks associated with joining a group ride and ensure they are comfortable doing so.

All riders are also reminded that they are responsible for their own safety; individuals take part in any group activity at their own risk. DCC strongly recommends all riders to obtain appropriate third party insurance as a minimum.

No	Hazard	Existing and current risk control	Persons involved or exposed	Risk Rating – following risk control		
				Severity	Likelihood	Overall
1	Covid-19 Infection through sick individuals	Riders must not attend the ride if, within the last 14 days: <ul style="list-style-type: none"> <li>• They have symptoms of Covid-19</li> <li>• A member of the household has symptoms</li> <li>• They have been asked to remain at home by the track and trace system</li> <li>• They have come into contact with an individual to</li> </ul>	Club members  Prospective members (guests)	H	L	L



		<ul style="list-style-type: none"> <li>have suspected Covid-19 symptoms</li> <li>Has been tested positive for Covid-19</li> </ul>	Members of affiliate clubs			
2	Post ride infection	<ul style="list-style-type: none"> <li>All riders must provide their name to the ride leader.</li> <li>The names of all riders are to be emailed to DCC Committee via <a href="mailto:secretary@droitwichcyclingclub.co.uk">secretary@droitwichcyclingclub.co.uk</a></li> <li>Names will be retained for 21 days in order to contact other riders of the group should a rider develop symptoms post a group ride</li> </ul>	Club members  Prospective members (guests)  Members of affiliate clubs	H	M	M
3	Infection during Pre ride meeting areas, refreshment stops and end of ride (areas when riders will congregate)	<ul style="list-style-type: none"> <li>Riders must maintain a social distance of at least 1m at all times whilst congregating for start of ride, at any breaks during the ride and at the end of the ride</li> <li>Ride groups must not exceed 6 riders (1 ride leader, 5 riders)</li> <li>Riders must notify attendance on ride via selecting GOING on Facebook post to allow ride leaders to organise into groups of 6.</li> <li>If large numbers of riders turn up at the start of the ride, several smaller groups of 6 will be formed each with a ride leader.</li> <li>Rides will have different start times and locations to mitigate congregation of large numbers</li> <li>At the end of a ride, riders should disperse as quickly as possible</li> </ul>	Club members  Prospective members (guests)  Members of affiliate clubs  Members of public	H	L	L



4	Infection during group riding	<ul style="list-style-type: none"> <li>• No more than 6 riders per group as per British Cycling guidance</li> <li>• Groups will have a minimum of 5 minute intervals between them if leaving from same location</li> <li>• Riders are responsible to ensure they ride at no less than 1m distance from other riders in the group as per Covid19 guidelines to ensure social distancing is maintained</li> <li>• Riders can ride side by side with a minimum of 1m distance between riders</li> <li>• Riders should be prepared to move to single file formation when road conditions require it</li> <li>• Riders should practice good hygiene during the ride               <ul style="list-style-type: none"> <li>○ Sneeze or cough into a tissue or elbow</li> <li>○ Spitting and 'snot rockets' are not permitted within the group</li> <li>○ If you must clear your throat (e.g. fly in throat) move to the back of the group</li> </ul> </li> <li>• If a rider feels unwell during a ride they must notify the ride leader and leave the group immediately so to return home, then follow government test and trace guidelines accordingly</li> <li>• If your group are catching another group, you must slow down to avoid passing them</li> <li>• If you catch another group because they have mechanical issues, pass quickly and smoothly with appropriate distancing</li> </ul>	<p>Club members</p> <p>Prospective members (guests)</p> <p>Members of affiliate clubs</p> <p>Members of public</p>	H	L	L
5	Infection due to sharing equipment	<ul style="list-style-type: none"> <li>• Riders must not share water bottles, food or any other equipment</li> <li>• Riders must not touch other riders equipment e.g.</li> </ul>	Club members	H	L	L



		bike, helmet etc <ul style="list-style-type: none"> <li>Riders must be entirely self-sufficient to repair mechanical problems or be able to call for assistance from home</li> <li>Riders must ensure they bring enough food and drink with them to sustain the duration of the ride</li> </ul>	Prospective members (guests)  Members of affiliate clubs			
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**Incident Reporting:**

- In the event of a significant incident or significant near miss, the Ride Leader should complete the British Cycling incident reporting form and present this to the Club Secretary. This should be considered, and any action required discussed, agreed and taken. The Risk Assessment will then be updated if appropriate.
- We welcome feedback on our rides, and as well as knowing what goes well, Ride Leaders welcome riders raising thoughts or concerns that could improve the risk assessment.
- All riders are required to read and understand DCC Rider Guidance document before joining a DCC group ride.
- All rider leaders are required to read and understand DCC Ride Leader Guidance document before leading a DCC group ride.

**Standard disclaimer (road)**

Riders must be aware that cycling is an activity that carries an element of risk, and that it is their responsibility to decide if they are capable of joining the ride. Bikes must be in a safe working condition and helmets must be worn. Riders should make their own choice about clothing based on the conditions and forecast. It is recommended that riders carry a First Aid kit, especially if they have received training. Admin and event hosts cannot be held responsible for riders' safety.